



## Ohio Head Start Association Social Work Conference



# Family Engagement: Keys to Positive & Goal- Oriented Relationships

**March 11-13, 2020**

**Marriott Northwest 5605 Paul G. Blazer Memorial Parkway, Dublin, Ohio 43017**

### CONFERENCE OBJECTIVES:

Participants will increase understanding of cultural and societal shifts that impact families.

Participants will explore components of effective family engagement and apply principles to their individual practice.

Participants will practice skills that will increase their effectiveness in working with families experiencing poverty.

Participants will adopt best practices related to professional ethical practice.

***Conference has been approved by the Ohio Counselor, Social Worker and Marriage & Family Therapist Board for up to 15 CPEs for Social Workers and Counselors. IACET CEUs will be available for all sessions.***

**CEU Application information available at Registration.**

<b>Wednesday, March 11</b>	<b>Thursday, March 12</b>	<b>Friday, March 13</b>
8:30 am to 10:00 am <b>Registration</b>	8:45 am to 12:00 pm <b>Concurrent Sessions</b>	8:45 am to 12:00 pm <b>Concurrent Sessions</b>
10:00 am to 12:00 pm <b>General Session</b>	12:00 pm to 1:15 pm <b>Lunch on your own</b>	12:00 pm to 12:45 pm <b>Luncheon</b>
12:00 pm to 1:00 pm <b>Luncheon</b>	1:15 pm to 4:30 pm <b>Concurrent Sessions</b>	12:45 pm to 1:45 pm <b>Keynote Address</b>
1:00 pm to 4:15 pm <b>Concurrent Sessions</b>		

**Wednesday, March 11**

10:00 am to 12:00 pm

**General Session**

**Connecting Across Differences in Child Welfare: A family panel**

**BALLROOM**

*Dot Erickson-Anderson, LSW, Moderator*

A panel of parents will share the challenges and solutions they have found in connecting as family members serving a child who is being cared for outside the primary family home. Parents include: Megan Garbe, adoptive parent; Bobbi Pedersen, foster parent; Georgetta Lake, kinship parent; and Karen Ezirim, primary parent.

Kari Akins, MSW, Policy Manager of the Office of Children Services Transformation at the Ohio Department of Jobs and Family Services will share updates on the work being done at the state level aimed to strengthen all areas of the system, including kinship care, foster care, adoption, workforce, and prevention.

**Learning Outcomes:**

1. Recognize the challenges and struggles of child welfare service providers in partnering with different family systems
2. Identify key components of Ohio's plans for transformation of Child Welfare services

12:00 pm to 1:00 pm

**Luncheon (provided)**

1:00 pm to 4:15 pm

**Breakout Sessions**

**Cultural Competence, Relevance, and Intelligence:**

**DUBLIN I/II**

**Engaging with Persons from Diverse Cultural Backgrounds and Lived Experiences**

*Joseph Maiorano, PhD*

In this interactive session, participants will engage in an icebreaker then explore the development of strategies to better engage with persons whose cultural backgrounds differ from the participant's cultural background. We will talk about some of the differences between people, e.g., race, ethnic gender, ability, religion, explore how our thinking about those differences might affect how we interact with people from diverse cultural backgrounds. We will spend the final section of the presentation looking at three strategies—cultural competence, cultural relevance, and cultural intelligence—for thinking differently with people who differ from us.

**Learning Outcomes:**

1. Identify key concepts of Cultural Competence
2. Identify key concepts of Cultural Relevance
3. Identify key concepts of Cultural Intelligence
4. Practice strategies to develop and apply concepts

**Re-Discovering the Head Start Parent, Family and Community Engagement Framework**

**DUBLIN III**

*Heather Nusbaum, Early Childhood Specialist, STG International*

Did you know the Head Start Parent, Family and Community Engagement Framework has been updated and is now referred to as PFCE Framework 2.0? In this session participants will gain an overview of the Head Start Parent, Family and Community Engagement Framework 2.0. The purpose of the Framework will be reviewed and participants will have an opportunity to uncover the pieces of the framework while identifying the changes and updates and consider practical applications to Head Start family services.

**Learning Outcomes:**

1. Identify the key areas of the framework and how they work together
2. Describe the purpose of the framework
3. Examine best practices in using the framework at the program level and propose next steps for work around the framework

**Connecting Families to Community through Voter Engagement –  
Rules, Tools and Tips\***

**SESSION CANCELLED - PLEASE SELECT ANOTHER SESSION TO ATTEND**

**Creating Empowerment Goals:**

**Supporting Families' Resilience after Trauma**

**DUBLIN IV/V/VI**

*Sharon L. Custer, PhD, LISW-S, Miami University*

Many of the families supported by Head Start have experienced traumatic events, toxic stress, or extreme emotional duress. While most educators and social service staff have an understanding of how trauma affects families, ways to properly support them in their healing is often a mystery. This session will review how trauma impacts attachment and family dynamics and focus on potential goals staff can work on with both children and their families to build resiliency skills as part of the healing process. Concepts from the Family Development Credential® principles for goal setting will be embedded throughout the session to help participants focus on empowerment and strength-based strategies.

**Learning Outcomes:**

1. Describe how pervasive traumatic experiences can impact child development and general family dynamics
2. Identify the benefits of the Family Development Credential® principles when setting goals with families
3. Utilize trauma-responsive assessments to inform goal setting with clients
4. Create non-clinical goals with families focused on resiliency skills and healing

**Thursday, March 12**

8:45 am to 12:00 pm      **Concurrent Sessions**

**Ethical Practice & Professional Boundaries**

**DUBLIN V/VI**

*David Zidar, LISW-S*

This workshop provides family serving staff the skills to improve communication with families, colleagues and other stakeholders. It provides professionals with an understanding of the limits that they must put upon themselves in their helping relationships. This training provides actual case examples and process of ethical relationship situations. Both the new and more mature staff can benefit from this core skill of all professional "helpers."

**Learning Outcomes:**

1. Identify the role of setting limits on themselves and others in preventing boundary violations
2. Identify key components of the NASW Code of Ethics
3. Identify common boundary violations
4. Demonstrate strategies manage common "awkward" situations

*This workshop is designed to meet the State of Ohio Counselor and Social Worker and Marriage and Family Therapist Board requirement for 3 CEU's for ethics.*

**THIS SESSION WILL REPEAT ON THURSDAY AFTERNOON**

## **When Substance Problems Plague a Family – What Can You Do?**

**DUBLIN I/II/III**

*Jennifer H. Haywood, LISW-S, LICDC-CS*

This training will help participants with the difficult task of engaging families around the subject of substance use and abuse. Tips, techniques and communication styles on how to discuss this sensitive topic and obtain as much honest information as possible will be reviewed. Referrals and resources will also be imparted.

### **Learning Outcomes:**

1. Identify red flags to look for when determined whether substance is an issue in the family system, and how to ask the right questions on how to get the most honest answer possible from the families
2. Identify strategies to use to “talk” about the sensitive subject of substance abuse with families with tips on how to avoid resistance and conflict
3. Identify strategies to use when the family is asking for help with substance issues to identify and tap into referral resources

**THIS SESSION WILL REPEAT ON THURSDAY AFTERNOON**

## **Veterans and Mental Health**

**FRANKLIN**

*Scott Colin Winter, LSW, CDCA*

Serving in the military and being separated from your family can be stressful. The stress can put service members and veterans at risk for mental health problems. These include anxiety, post-traumatic stress disorder, depression, and substance use. Suicide can also be a concern. This workshop will provide information, tools and resources to enhance the care provided to all age cohorts across the veteran community.

### **Learning Outcomes:**

1. Define who/ what constitutes being a veteran
2. Identify common military terminology
3. Describe how mental health problems may present in veterans at different stages of life
4. Describe the issues of stigma veterans sometimes face
5. Identify community mental health resources for veterans
6. Recognize therapeutic interventions that have been identified as successful with this population

## **Family Engagement in Early Care and Education:**

### **Understanding Children’s Behavior as Communication**

**DUBLIN IV**

*Heather Nusbaum, Early Childhood Specialist, STG International*

This session focuses on ways that early childhood educators working with children from birth to age five and ways they can partner with families to understand and respond to children’s behavior as communication. Strategies of focus will include: Understanding that children’s behavior has meaning; the importance of responsive relationships between parents and educators for children’s emotional well-being and development; effective ways to communicate with families about children’s behavior and partnering with families when adults find a child’s behavior to be challenging.

### **Learning Outcomes:**

1. Describe behaviors that children use to communicate and their possible meanings
2. Explain the effect of responsive relationships on children’s well-being and development
3. Identify effective elements in communicating with families about behavior
4. Plan for partnering with families seeking help with behavior that they find challenging

12:00 pm to 1:15 pm

**Lunch (on your own)**

Please plan ahead!

There are many restaurants in closeby and the Marriott Northwest will have a buffet set up in the restaurant for your convenience. **Mixed Greens salad with Dressings**

**Penne Pasta Marinara with Chicken**

**Green Beans & Carrots**

**Rolls & Butter, Drink**

**\$10.95**

1:15 pm to 4:30 pm

## Concurrent Sessions

### **Ethical Practice & Professional Boundaries**

**DUBLIN V/VI**

*David Zidar, LISW-S*

*This workshop is approved to meet the State of Ohio Counselor and Social Worker and Marriage and Family Therapist Board requirement for 3 CEU's for ethics.*

**THIS SESSION IS A REPEAT OF THE THURSDAY MORNING SESSION**

### **When Substance Problems Plague a Family – What Can You Do?**

**DUBLIN I/II**

*Jennifer H. Haywood, LISW-S, LICDC-CS*

**THIS SESSION IS A REPEAT OF THE THURSDAY MORNING SESSION**

### **Family Engagement in Early Care and Education:**

#### **A Relationship-Based Approach to Family Engagement**

**DUBLIN III**

*Delphia Roberts-Brown, Early Childhood Specialist, STG International*

Family engagement is a collaborative and strengths-based process through which early childhood professionals, families, and children build positive and goal-oriented relationships. This session will focus on how to create a relationship-based culture that supports family engagement. Learn how to identify and reflect on your own perspectives and explore parents' and families' perspectives, and identify strategies to create a welcoming environment.

#### **Learning Outcomes:**

1. Identify strategies to create a program-wide, relationship-based culture that supports effective family engagement
2. Identify and reflect on personal values, experiences, ethics and biases
3. Identify ways to explore with families their interests, strengths and priorities

### **Compassion Fatigue:**

#### **Learning New Ways to Manage Your Stress in the Helping Profession**

**DUBLIN IV**

*Ami Peacock, MSW, LISW-S*

Are you feeling stressed from caring and giving too much? This workshop is designed to educate participants about compassion fatigue and self-care through lecture, experiential activities and guided small group discussions. We will identify symptoms of compassion fatigue and discuss ways to decrease negative impacts. We will explore how we can set healthy boundaries and find ways to be more effective and present in our work.

#### **Learning Outcomes:**

1. Identify three symptoms of Compassion Fatigue
2. Describe three situations where compassion fatigue has negatively impacted service provided by professional social workers
3. Describe three activities designed to decrease compassion fatigue
4. Describe three stress management techniques to decrease stress

**Friday, March 13**

8:45 am to 12:00 pm

**Breakout Sessions**

**Building Positive Parent-Child Relationships: It isn't rocket science but...**

**DUBLIN IV**

*Dr. Ted Borkan, PhD, Psychologist and Play Therapist*

This session will explore concepts related to building and forming positive self-image in a relational context. Basic developmental neuro-cognitive concepts will be presented including consideration of the impacts of trauma on neuro-cognitive functioning of children and adults. Principles and related strategies for building and healing related to these concepts will be introduced utilizing a mix of instructional and experiential approaches. Additionally, the natural challenges involved in communications and understandings with young children will be explored. Related early childhood books and stories will be included as one avenue for support to gaining a more child's eyes perspective. Finally, some basic strategies of parenting that will connect with all the above will be discussed.

**Learning Outcomes:**

1. Identify the basics of developmental neurocognitive functioning and change as a basis for being more developmentally matched in working with young children
2. Identify foundational concepts with regard to the building of positive self-esteem for an individual and in relationships
3. Identify the factors that make communications and connective engagement with children challenging and be aware of strategies that can effectively address those challenges
4. Identify how trauma impacts neurocognitive function and the types of interactions that can provide a "healing" effect

**Making Sure Every Child Counts**

**DUBLIN I/II**

*Tracy Najera, MPA, PhD, Children's Defense Fund and Rose Simmons, U.S. Census Bureau*

The 2020 Census is significant in that it will direct over \$33.5B in federal funding and determine whether Ohio keeps congressional seats. Children under the age of 5 were the most undercounted/missed population in the 2010 census and we don't want to repeat that in 2020, especially since Ohio is projected to lose anywhere between \$1200-1700 in federal funding with each person missed. Research shows that parents and individuals in hard-to-count communities respond positively to credible messengers like teachers and they play an important role in encouraging parents to complete their census forms and making sure children are counted. This session will provide an overview of the census, challenges Ohio faces in counting children and other hard to count communities, and strategies that can be implemented to ensure that all children are counted and that all children count.

**Learning Outcomes:**

1. Identify key components of the 2020 Census
2. Identify role of early care settings play in supporting a complete count
3. Identify strategies Head Start staff can implement to engage parents in making sure their children are counted in the upcoming census

**Developmental and Relational Trauma Therapy:**

**Understanding How My Wounds Impact My Work**

**DUBLIN III**

*La Shanda Sugg, LPC*

The way people engage with others is rooted in the worldview they developed through their lived experiences. This workshop introduces the 5 Core principles of Developmental and Relational Trauma Therapy: Self-esteem (loving the self), Boundaries (protecting the self), Reality (creating and knowing the self), Needs and Wants (taking care of the self), and Moderation (containing the self). This model and workshop create a framework for exploration and reflection regarding one's lived experiences and the barriers they may be creating, both personally and professionally.

**Learning Outcomes:**

1. Identify the 5 Core Issues of Developmental Immaturity
2. Explore how the 5 Core Issues have impacted how personally and professionally
3. Identify practical ways to begin addressing the 5 Core Issues in your life

## **Finding & Supporting Kinship Caregivers**

**DUBLIN V/VI**

*Michael Kenney and Nolan Hensel, Kinnect Ohio*

This highly interactive session will cover the tools, techniques, and programmatic approaches of the existing 30 Days to Family<sup>®</sup> Ohio program, as well as the services being developed by the Ohio Kinship and Adoption Navigator (OhioKAN) program. Kinship and adoptive families face unique challenges in their efforts to meet the safety, well-being, and educational needs for the children they care for. This session will focus on the development of a natural network, in addition to paid professional services, to improve the family's ability to create a sustainable plan to meet the needs of their children.

### **Learning Outcomes:**

1. Identify the core components of the 30 Days to Family<sup>®</sup> Ohio program
2. Identify the approach and timeline for service delivery of the OhioKAN program
3. Practice using search tools to find prospective caregivers and supports for children in, or at risk of entering, foster care
4. Practice creating an approach to strengthening the network for a child and family caregivers

12:00 pm to 2:00 pm

## **Luncheon (provided) and Keynote Address**

**BALLROOM**

## **Self-Care You Can Feel: Bottom-Up Regulation**

*La Shanda Sugg, LPC*

Caring for ourselves can sometimes come close to the last thing on our long list of people to assist and things to take care of. We frequently find ourselves trying to give of ourselves when there is very little left. This session explores numerous techniques to help us refill our wells; from being embodied to identifying safe relationships and managing the stories we tell ourselves.

### **Learning Outcome:**

Identify various methods of self-care that can help you be embodied and regulated



Conference has been approved by the Ohio Counselor, Social Worker and Marriage & Family Therapist Board for up to 15 CPEs for **Social Workers and Counselors\***. *IACET CEUs will be available for all sessions.*

IACET CEUs are accepted when certificate is uploaded to and verified in the Registry, and they hours count as Ohio Approved toward your PD Certificate. See CEU Instructions for more information.

For more information about OHSAI CEU Policies and Procedures, visit [www.ohsai.org/professional-development-information](http://www.ohsai.org/professional-development-information)

# UPCOMING EVENTS



**April 1-3, 2020**

**Doubletree Worthington –Columbus, Ohio**

**Family & Community Partnership Community of Learners:**

Relationship Based Competencies Corner: Diversity/Cultural Awareness - *Heather Nusbaum, STG International*

Family Services and Child Plus

ERSEA Topic – Recruitment

Capturing Family Services Data

Transitions to Kindergarten – Who Does What?

**Friday Breakout Sessions:**

Leading Intact and Cross Collaboration High Performing Teams

The Invisible Disability: Fetal Alcohol Spectrum Disorders

Identifying and Responding to Human Trafficking



**June 1-4, 2020**

**Great Wolf Lodge –Mason, Ohio**



**August 12-13, 2020**

**Doubletree Worthington –Columbus, Ohio**