



Beyond the Basics-

Applying the Conscious Discipline Mindset

August 7-8, 2025



Marriott Columbus Northwest, Dublin, Ohio

Meet your Instructors



Tonya Byous



Latoria Marcellus

Intended audience:

Head Start and Early Head Start Administrators, Coaches, Mentors, Teachers and Assistant Teachers

As a result of this event, participants will be able to increase the fidelity of their implementation of Conscious Discipline throughout their Head Start program from the office to the classroom and families' homes.

While it will benefit all staff, this event is designed to support advanced team implementation of Conscious Discipline in classroom management, program relationships and beyond.

CLICK HERE TO REGISTER



Thursday, August 7th

9:00 am to 10:30 am--Registration

10:30 am to 12:00 pm—General Session

0.2 CEUs/submitted for 1.5 Ohio Approved hours

We Have the Tools for Building a Solid School Family: Building on the foundation of Safety, Connection, and Problem Solving

Tonya Byous and Latoria Marcellus

Building a strong team sometimes requires renovations and construction. During this session participants will be able to refresh as educators and rediscover the tools they have in their toolbox while planning for the ongoing progress in creating a learning environment based on Safety, Connection, and Problem Solving.

Learning Outcomes:

1. *Identify the Brain States*
2. *Name the Seven Powers of Conscious Discipline*
3. *Connect the Skill and Structure to each Power of Conscious Discipline*

12:00 pm to 1:30 pm--Lunch (*provided*)

1:30 pm to 4:30 pm—Breakout Sessions

****The breakout sessions will repeat on Friday morning. Attendees will be assigned a session on Thursday afternoon and the other on Friday morning.***

****Due to space, we will ask that attendees attend the sessions as scheduled.***

My Mind is Made Up: Managing Teacher Burnout Starts with the Mindshift

Tonya Byous

0.3 CEUs/submitted for 3.0 Ohio Approved hours

To help educators shift from a negative to a positive mindset this session will encourage practices like identifying negative thoughts, reframing them positively, cultivating a growth mindset for themselves and with colleagues, and incorporating mindfulness techniques into their daily routines. Burnout is a real thing in a field with increasing demands. We can banish the burnout with the Mindshift. During this session participants will be able to recall the steps of active calming, identify the steps of self-regulation as they gauge the temperature of the interaction.

Learning Outcomes:

1. *Recall and demonstrate the Steps of Active Calming*
2. *Identify the steps of self-regulation*

Caution: Transformation Ahead!

Latoria Marcellous

0.3 CEUs/submitted for 3.0 Ohio Approved hours

Embark on a journey of self-awareness, connection, and meaningful change with Transformational change ahead, an immersive Conscious Discipline training designed specifically for educators committed to creating lasting impact in their classrooms, programs, and beyond. This evidence-based, trauma-informed approach equips educators with practical tools to foster safety, connection, and problem-solving.

This training is not just professional development. It is a personal evolution. Educators will leave with a deeper understanding of themselves their students, staff members, and families and the powerful role relationships play in learning.

Caution: Transformational Change Ahead isn't just a title. It is a commitment to the journey. Get ready to lead with heart, teach with purpose and transform lives, starting with your own.

Learning Outcomes:

1. *Implement a culture of accountability, cooperation, and compassion*
2. *Demonstrate self-regulation strategies to model calm and resilience*
3. *Develop a plan for strong, compassionate relationships with students and colleagues*

Friday, August 8th

9:00 am to 12:00 pm—Breakout Sessions

**The breakout sessions are a repeat of Thursday afternoon. Attendees were assigned a session on Thursday afternoon and will attend the other on Friday morning.*

**Due to space, we will ask that attendees attend the sessions as scheduled.*

My Mind is Made Up: Managing Teacher Burnout Starts with the Mindshift

Tonya Byous

0.3 CEUs/submitted for 3.0 Ohio Approved hours

Caution: Transformation Ahead!

Latoria Marcellous

0.3 CEUs/submitted for 3.0 Ohio Approved hours

12:00 pm to 1:00 pm—Lunch (*provided*)

1:00 pm to 2:00 pm—General Session

0.1 CEUs/submitted for 1.0 Ohio Approved hours

Practice and Planning for ongoing progress using T.E.A.C.H.

Tonya Byous and Latoria Marcellous

During this session, using the T.E.A.C.H. method participants will work, practice and plan, in large and small groups and share their plans moving forward.

Learning Outcomes

1. Identify each power of Conscious Discipline
2. Demonstrate how to connect the skill and structure to each power using the T.E.A.C.H. acronym



These sessions are approved for IACET CEUs.

IACET CEUs may count toward Ohio Approved credit.

CEU post-session emails will have instructions on submitting your certificate to OCCRRA for verification toward your PD Certificate.



Sessions submitted or approved for Ohio Approved hours

will require participants OPIN # to be requested and your participation will be recorded in the Ohio Professional Registry after the session is completed.

For more information about OHSAI CEU Policies and Procedures, and for more information about preparing for your conference experience, visit https://ohsai.org//professional_development_infor.php