

## LIVE Virtual Event via ZOOM Thursday, April 3<sup>rd</sup>, 2025 *This event is included in your 2024/2025 Program Year OHSAI Subscription package.*

## **CLICK HERE TO REGISTER ONLINE**

9:45 a.m. to 3:30 p.m. Lobby Open for technical assistance or if you have questions.

## 10:00 a.m. to 12:00 p.m. BREAKOUT SESSIONS

## Foundations of Trauma Informed Care -

## **Key Concepts and Core Principles**

### Amanda Kantaras, M.Ed, LPCC-S, LICDC, Case Western Reserve University

A history of trauma is extremely common in individuals presenting for mental health and/or substance use disorders treatment. A trauma-informed approach seeks to raise awareness about trauma among all behavioral health caregivers. This training will review key concepts and core principles of trauma-informed care and trauma-sensitive care and will explore how individuals can integrate these principles into their own approaches as Behavioral Health Providers, Programs, Agencies, and related Systems of Care.

### Learning Outcomes:

- 1. Understand the 3 "E's" of trauma.
- 2. Identify the 6 Key Principles of a Trauma-Informed Approach
- 3. Discuss the 4 Assumptions of the Trauma-Informed Approach
- 4. Describe how a Trauma Informed Approach impacts Culture of the work for Providers

## **Lesson Planning With CLASS Pre-K**

### Barbara Becker, Consultant

Instructional Support is all about practices that promote higher-order thinking skills, extend learning, and encourage children's use of language. In this session, participants will explore the CLASS Pre K tool to assist in lesson planning. The trainer will share examples and facilitate group planning and development of lesson plans linked to supporting instructional support, and participants will work in groups to brainstorm and then share their ideas with others. **Learning Outcomes:** 

- 1. Practice using the three domains of CLASS
- 2. Develop lesson plans reflecting Instructional Support behavioral markers
- 3. Share and discuss lesson plans with peers

#### 0.2 CEUs

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## **Poison Prevention**

#### Julia M. Conroy, Community Health Engagement Specialist, Drug & Poison Information Center (DPIC)

Poison prevention covers a wide variety of substances both inside and outside of the home that can result in exposures. This training will review key concepts and strategies for poison prevention as well as common exposures. Additionally, this training will identify how individuals can utilize poison center resources, and the poison help hotline as Providers, Programs, Agencies, and related Systems of Care.

#### Learning Outcomes:

- 1. List three products present inside the home that are potentially poisonous
- 2. Describe three ways to poison proof your home to make it safer
- 3. Explain three substances that could be poisonous to children
- 4. Name three substances outside of the home that can be dangerous and explain why
- 5. List poison center resources and when to call the poison help line

# Leading Fierce Conversations: Productive Dialogue Techniques for Leaders and Teams

### Dr. Desiree Del-Zio, Ed.D.

Navigating difficult conversations is essential to fostering open and healthy workplace dynamics. In this session, we will identify common defense mechanisms that hinder effective communication. Attendees will explore proven techniques for dismantling cultural and organizational behaviors that create barriers to a healthy dialogue. This training will also explore practice techniques to facilitate constructive dialogue. Learning Outcomes:

- 1. Name the defense mechanisms that produce artificial harmony and limit the ability to engage in healthy dialogue
- 2. Gain exposure to techniques that change fierce conversations into productive platforms for creative change
- 3. Recognize the barriers to active listening and replacing them with empathy

## 12:00 p.m. to 1:30 p.m. Lunch Break

## 1:30 p.m. to 3:30 p.m. General Session



## **Federal Updates**

**Tommy Sheridan, Deputy Director** 

NATIONAL HEAD START ASSOCIATION

# Live Keynote

## Leading Integrated Teams: Nurturing Connections in the Workplace



## Dr. Desiree Del-Zio, Ed.D.

Dr. Del-Zio earned a Master of Arts in Nonprofit Leadership and Management from the University of San Diego and an Education Doctorate in Organizational Change and Leadership from the University of Southern California.

She has thirty-five years of experience in the field of education. Her career began as a classroom teacher and continued advancing into organizational oversight. She is a proven management

systems and operations leader with a record of creating high-functioning teams. Dr. Del-Zio served the Office of Head Start Federal Monitoring contract for six years as a Monitoring Lead and Operations Manager. Dr. Del-Zio is the founder and Chief Executive Officer of D.E.&C Consulting. Her firm offers private consulting services and customized service planning.

0.2 CEUs

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#### These sessions are approved for IACET CEUs.

IACET CEUs may count toward Ohio Approved credit. CEU post-session emails will have instructions on submitting your certificate to OCCRRA for verification toward your PD Certificate.

For more information about CEUs and OHSAI's Professional Development policies and practices, visit www.ohsai.org/professional-development-information/

When you register, you will receive a link and unique passcode to access the attendee portal where you can access the zoom code and any materials shared.